

Facing the



Without & Within

Second in a three-part series to facilitate reflection and equip participants with skills and greater awareness to deal with the bully without and within.

Tuesday, January 21, 2020, 7-9 pm
Movements of the Heart

Monday, April 20, 2020, 7-9 pm
Standing Strong Against Bullying

The call to discipleship is an invitation for relationship—an invitation to

- give and receive love
- extend kindness
- be a channel of open-hearted generosity

We are created for relationship in that

- we grow
- we learn
- we are wounded
- we heal in relationship

We are in relationship with one another and how we treat one another matters!



Plachetka



Dillon

The series will be co-led by **Dr. Beth Plachetka**, a licensed clinical social worker, speaker, and professional educator, and **Charlotte Dillon, Ph.D.**, a clinical psychologist who teaches that how we treat one another is a core value of Christian discipleship.

To register, please contact Marge Coronado at 630-355-8980, x118 or mcoronado@stapostle.org
A free will offering will be accepted.